## CHEFS FOR CHANGE

Chefs for Change is a fundraising dinner series that pairs the burgeoning Durham food scene with the needs of families experiencing homelessness. This is more than a dinner – this is a fine dining experience with a purpose.

A distinguished chef serves three or more courses at a ticketed dinner with the proceeds benefiting Families Moving Forward. Tickets are sold online in advance to attendees and each dinner is held at The Rickhouse (609 Foster St, Durham, NC).

Thank You to our generous 2019 Sponsors and the following 2019 Chefs for Change Series Chefs:

- Robert Adams (Parizade)
- Carrie Schleiffer (Alley Twenty Six)
- Ben Adams and Wyatt Dickson (Picnic)
- Amy Tornquist (Sage & Swift, Watts Grocery)

Thanks to their support and the generosity from our community, 2019 was a great success and we raised over \$115,000 for our programs and services!

The dates and amazingly talented chefs in the 2020 Chefs for Change Series were scheduled prior to the coronavirus. For this reason, the May and July dates have been postponed and the rescheduled dates are to be determined. Refer to our website at fmfnc.org/ chefsforchange for updates.

- 3/9 Andrea Reusing (The Durham, Lantern)
- TDB- Vimala Rajendran (Vimala's Curryblossom)
- TBD Damion Moore (Dame's Chicken & Waffles)
- 9/14 Matthew Kelly (Mateo, St. James Seafood, Mothers & Sons Trattoria)
- 11/13 Dessert Gala

Get your tickets online at fmfnc.org/tickets and remember that \$50 of every \$75 ticket is a tax deductible donation to FMF to assist families experiencing homelessness right here in Durham.













#### SPECIAL THANKS TO OUR 2019 CFC SERIES SPONSORS!





















































## OUR VISION

Every family thriving in a safe, stable home.

## OUR MISSION

Families Moving Forward helps families in the crisis of homelessness find their way home. We provide temporary housing, case management, skills education, and connection to community resources to help parents and children thrive in stable homes.

## OUR COLLABORATION

FMF works in collaboration with partner agencies toward shared goals in our community. In 2013, we helped form the Durham Collaborative to End Family Homelessness with Durham's Partnership for Children, Housing for New Hope and Urban Ministries of Durham to streamline our approach, stretch our community assets farther, and improve the experience of families in the crisis of homelessness.

## **CONTACT US**

Families Moving Forward 300 N. Queen Street Durham, NC 27702 919-683-5878 www.fmfnc.org



FMF is a 501(c)(3) nonprofit organization 990 available upon request



# ENDING FAMILY HOMELESSNESS

#### Dear Friends-

Welcome to the work of Families Moving Forward, the largest shelter and services provider for families experiencing homelessness in Durham. Created from the merger of Genesis Home and Durham Interfaith Hospitality Network in 2016, Families Moving Forward prioritizes partnership, collaboration and innovation in addressing the needs of the families and children that we serve. Whether it's our two-generation approach to assess and target services directly to children, our aftercare tenancy supports to promote self-sufficiency and prevent returns to homelessness, or our system-level work with the Durham Collaborative to End Family Homelessness, Families Moving Forward is going above and beyond to break the cycle of poverty in our community. Highlights from 2019 include:

- 85% of families exited our NEST emergency shelter program to permanent housing in the community, well above our goal of 75%.
- The average length of stay for our shelter guests declined from 125 days in 2018 to 110 days thanks to strong partnerships with our friends at Housing for New Hope (rapid rehousing), Durham Housing Authority (housing choice vouchers), and Alliance Health (permanent supportive housing).
- 88% of children aged 0-5 received developmental screenings to determine if additional services and supports were needed.
- 100% of the families served in our "Branching Out" aftercare program did not return to shelter within twelve months.

A new decade brings new challenges. With housing costs far exceeding the rise in household incomes in our region, we are seeing more unsheltered families and a higher demand for services. You and your neighbors, coworkers and congregants can be a part of the solution. We encourage you to volunteer, make a financial gift, or donate the many items that our families need on their paths to independence. Please visit fmfnc.org to learn more. Be a part of the solution. Together, we can end family homelessness in Durham.

Sincerely,





Ryan J. Fehrman
Executive Director



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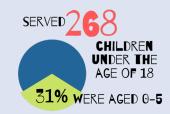
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# MORE THAN A STATISTIC

PROVIDED

21,282

NIGHTS OF SHELTER















Tamika and her five-year-old son, Jeremiah, moved into Families Moving Forward's emergency shelter program in September of 2019 after several months of staying on her friend's couch and, some nights, in their car. She was a young single mom and had been running a successful in-home daycare at her mom's house, where she and her son were living after fleeing an abusive relationship. After her mother passed, the house suffered significant water damage when a pipe burst, and her step-father decided to sell instead of making repairs. She found herself without a job or a place to stay. Because she and Jeremiah were "doubled up" at friends' houses, Tamika was put on a waiting list after going through Durham's Coordinated Intake program, since priority referrals are given to families with children who meet the HUD definition of "literally homeless."

After four months on the waitlist, she was able to move into FMF's emergency shelter but not without fear and anxiety. "When I first got to FMF, I was full of resentment, and I was scared. Resentment because I had a good job and never thought to save any money and also because my family left me with nowhere to go. I was scared because the whole experience of being homeless was really traumatic. The first night we stayed here, my son and I cried together in the corner because it was such a big transition and we didn't know what to expect." Tamika says that after a few days, she and Jeremiah felt better because the staff was so welcoming.

Jeremiah began participating in evening Children's Programming but had a difficult time transitioning at first. Tamika shared that she would ask him, "why are you showing out like this? Why aren't you doing what you're supposed to do? I know I've taught you better than that!", but that once he felt a sense of belonging, Children's Programming has "definitely been a godsend for my son," and she has enjoyed him being a regular kid again.

Tamika says that the hardest part of being at FMF after the initial transition has been waiting for her new place to pass inspection so that they can move into their own permanent home. "I have definitely learned patience here and how to rely on myself instead of others. I used to rely on my family and my friends, but now I have learned to not be afraid to take that step. I've come a long way, and I'm really proud of who I

have become." She looks forward to tapping more into her creative side, something she gained from FMF's art therapy sessions. "I've come out of my shell here and learned that I like to be creative. Art is my gateway. I go out of the physical world and into my own little world, and it's completely stress-free. I love it!"

Tamika is happy to be back in childcare, working fulltime at a local daycare, and Jeremiah has been able to attend their preschool. "I like having him close because we are really close. Next year, he'll be in kindergarten, and I hope to one day be my own boss again. But until then, I'm going to keep on moving forward, just like y'all taught me."



# THE NEST: NEIGHBORS EXPERIENCING SUCCESS TOGETHER

The NEST is our core program that provides temporary shelter to families with children in the crisis of homelessness. Our goal is for families to secure, affordable permanent housing within 90 days or less. We serve up to 21 families at a time in our emergency shelter program.

In 2019, the NEST program provided 21,282 shelter nights to 81 families comprised of 271 individual men, women, and children. With the support of our staff and volunteers, 50 families exited into permanent housing (21 families were in shelter at year-end) and 77% of exiting families increased their self-sufficiency score. This relational support is often the difference between housing and homelessness for our families.

With compassion and support, we help our guests identify and overcome the root causes of their homelessness while providing essential life skills through our onsite programming, including:

- Person and family-centered targeted case management and crisis intervention
- Housing referrals and advocacy during the application process
- Financial literacy and guest savings (30% of a family's income is set aside for savings and returned to them when they leave the shelter)
- Employment assistance, trainings, career assessments, interview preparation, and advancement strategies
- Family health and wellness, onsite family counseling, and parent-child bonding activities
- Early intervention assessments, behavioral assessments, and referrals for treatment



"Being at FMF has definitly been a good experience for my family. We've seen our daughter grow in so many ways. I was worried that Slim would not be able to stay with us because other shelters seperate the men and women, but he has been with us here through thick and thin. It means everything to me."

- SHAOLIN

#### PARENT'S PROGRAMMING:

While providing love and hospitality, the FMF network empowers families to manage practical needs and grow their abilities to take on important life tasks, such as budgeting, effective communication and helping their children to thrive. Our enrichment programming for parents includes:

- Financial literacy
- Health (physical and emotional)
- Employment and career
- Housing
- Parenting/child development
- Education
- Self-care

























### CHILDREN'S PROGRAMMING

We are proud to offer pioneering strengths-based, trauma-responsive programming to children at FMF from birth through high school - including kids in both our shelter and aftercare programs. In the evenings, our kids conduct science experiments, garden, dance, create art, and learn about healthy relationships. Our teenagers do all of the above, as well as volunteer in the community. Children's enrichment programming includes:

- Study buddies (tutoring and homework help)
- Age-specific youth enrichment through art and play
- Alternative Spring Break Teen Challenge

# BRANCHING OUT: AFTERCARE PROGRAM

Branching Out encompasses the second phase of support we provide after guests move into their own homes. We deliver services for up to 12 months after families exit our NEST emergency shelter program, allowing us to continue to foster our guests' self-sufficiency and prevent returns to homelessness.

FMF offers a professional support network including highly trained staff and strong community partners. Family Services Coordinators develop customized action plans with each family and maintain ongoing support in-person and by phone. Branching Out helps families eliminate barriers to maintaining stable housing and build the skills and community connections that they need to stay stably housed. Self-sufficiency is the ultimate goal for our families. Our aftercare program helps make that goal a reality. Last year, FMF served 87 families through Branching Out. For the last three years, there have been no returns to shelter within the 12 months of aftercare support.

Some additional services families receive through Branching Out include:

#### Case management

- One year of support with goal setting, encouragement, and access to resources
- Close collaboration with community partners, including parenting and mental health agencies
- Employment skills training and job retention support
- Client assistance emergency funds to prevent returns to homelessness

#### Landlord relations

- Workshops on "Renting Smart" includes tenant rights and responsibilities, cash flow management, and RISE Up (being a good neighbor, housekeeper, and tenant)
- Assist in mediation with any issues between the landlord and the renter
- Risk Mitigation Fund partner which allows landlords to access additional financial resources to prevent evictions

"Living at FMF helped me to see how strong I really am and to get my life back. The relationships my girls and I built with the staff and some of the families made it bittersweet to leave. I am proud to say that we still have support from FMF through Branching Out, but with the freedom of living on our own."





# VOLUNTEERS & PARTNERS

**Dress for Success** 

The path to self-sufficiency is not without social support. We are grateful to have a strong base of volunteers and partners who are committed to working with us to support our families during and after their stay - to share life skills with the adults, provide enrichment for the children, and hospitality and relational support for the entire family. We have collaborated with our community partners to develop an end-to-end system that works together seamlessly and effectively, we can focus on our role in the system which was designed to cater to each agency's strengths. Over 800 volunteers performed 12,591 hours of service in 2019. Thanks to these partners for being part of the FMF team!



A Lotta Love Abundant Hope Christian Ch. Acapella University - Counseling Activate Good Aldersgate UMC America Reads/America Counts Bank of America Baynes Family Farm Beth El Synagogue Bethany UMC Big Brothers/Big Sisters Blacknall Memorial Ch. Calvary UMC Carolina Hurricanes Carolina Yoga Company Center for Child & Family Health Christ the King Community Ch. Church of the Good Shepherd Church World Service Community Empowerment Fund Congregation at Duke Chapel Corp. for National Community Service - Americorps

Diaper Bank of NC

**Duke Memorial UMC Duke School of Nursing Duke University Divinity School** Durham Bike Co-Op Durham Chapter of the Links **Durham County Early Childhood** Mental Health Taskforce **Durham County Justice Center Durham County Union Missionary** Youth Department Durham Head Start/Durham Early **Head Start Durham Housing Authority Durham Living Wage Project Durham Parks and Rec** Durham's Partnership for Children Durham Public Health **Durham Public Schools Durham Technical Community** College - Continuing Education Elizabeth Street UMC Eno River Unitarian Universalist **Fellowship** Epworth UMC





**Exchange Family Center** Faith Assembly Christian Ch. First Presbyterian Ch. Holy Cross Catholic Ch. Holy Infant Catholic Ch. Hope Her Way Hope Valley Baptist Ch. Housing for New Hope Immaculate Conception Ch. Judea Reform Congregation Junior League of Durham and **Orange Counties** Kids Korner Academy Kramden Institute Legal Aid of NC Liberty Arts Collective Liquidia McMannen UMC Mt Svlvan UMC NC Central University NC Museum of Life & Science NC SHIFT NC State University Social Work **NCWorks** 

New Creation Christian Ch. **New Creation UMC** NextGen Pleasant Green UMC Reinvestment Partners Shepherd's House Southern Coalition for Social Justice St.Philips Episcopal Ch. Step-Up Durham Structured Family Interventions Temple Baptist Ch. The Carolina Theater The Jewish Community Center The Scrap Exchange Triangle Ecycling Triangle Nonprofit Volunteer Leadership Center United Way of the Greater Triangle **UNC Chapel Hill** Union Baptist Soul Patrol Urban Ministries of Durham Vintage Ch. Watts Street Baptist Ch. Weatherby Healthcare Welcome Baby Westminster Presbyterian Ch. Woodcroft Women's Club Yates Baptist Ch. Yay Babies YMCA Triangle

You Can Vote

# VOLUNTEER & PARTNERSHIP AWARDS



2019 James T. Hewitt Distinguished Service Award

MARY VINSON



## A LOTTA LOVE

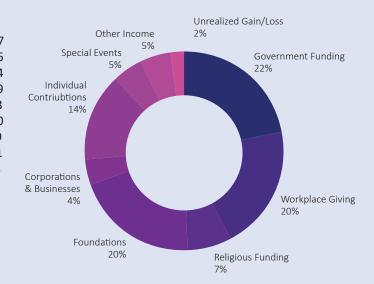
2019 Outstanding Partnership Award

Go to fmfnc.org/volunteerawards to see a video about these dedicated recipents!

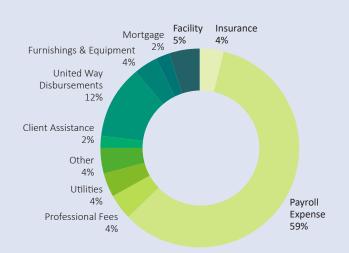
# FINANCIALS & SUPPORT

Our 2019 annual budget was \$1.26M. Last year, our fundraising and administrative percentage was 14%, meaning that 86 cents of every dollar raised goes directly to our programs. Transparency and accountability are important to us. You can be confident that your investment in Families Moving Forward goes towards changing the lives of families here in Durham. Any fund balance at year end is added to an operational reserve fund that helps ensure the ongoing operation of the agency in the event of an economic downturn.

INCOME	
Government Funding	\$309,417
Workplace Giving Campaigns	287,076
Religious Funding	102,524
Foundations	279,609
Corporations & Businesses	51,523
Individuals Contributions	197,870
Civic Groups	3,149
Special Events	74,851
Earned Income	423
Other Income	70,803
Unrealized Gain/Loss	33,118
TOTAL INCOME	\$1,410,363



#### **EXPENSES** \$47.186 Insurance Payroll Expense 745,768 **Professional Fees** 45,215 Utilities 48,051 Household/Office Supplies 10.653 Travel 592 Client Assistance 31.421 **United Way Disbursements** 155,401 Fundraising, Postage & Advert. 17,893 Copying & Printing 6,425 Facility Maintenance/Improv 58,713 Food 2.287 Furnishings & Equipment 49,524 Staff Development 1.641 Taxes &Licenses, Subscrip. & Dues 3.584 800 Leasing 23,222 Mortgage Miscellaneous Expenses 10,360 TOTAL EXPENSES \$1,258,735



We are grateful for all donations, large and small. Although we cannot list all cash donations in 2019, please know that every monetary and in-kind gift was gratefully received!

#### Donors \$100,000+

Bank of America United Way of the Greater Triangle State of North Carolina

#### Donors \$25,000-\$99,999

Blue Cross Blue Shield of NC Carolina Hurricanes Foundation City of Durham Coastal Federal Credit Union **Durham County** Oak Foundation Stewards Fund The Leon Levine Foundation Sandra and Leon Levine

#### Donors \$15,000-\$24,999

**BIN Foundation** Blacknall Memorial Pres. Church Congregation at Duke Chapel John and Jane Hardin Jacob and Annie Klapper Square 1 / Pacific Western Bank **Triangle Community Foundation** Westminster Presbyterian Church

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